



Recovery Life Resources

A 501(c)(3) nonprofit · New Jersey & Eastern Pennsylvania

Ready for your next step?

Peer recovery coaching, family support and aftercare planning from people who have been where you are.

- Free 30-minute discovery session to talk about what would help
- Support from certified peer recovery specialists with lived experience
- Sliding-scale options, so cost is never a barrier
- You choose how and when we reach out to you



Scan with your phone camera

It takes you to a short, private page where you can call or text us, book a free session, or ask us to contact you.

OR GO TO

recoveryliferesources.org/get-started

OR CALL OR TEXT

(914) 400-8108

If you or someone you love is in crisis, do not wait.

Call or text 988 (Suicide & Crisis Lifeline) · Emergency: 911
SAMHSA Helpline: 1-800-662-4357 (free, confidential, 24/7)
Recovery Life Resources is not an emergency service.

Print-and-cut cards (3.5 x 2 in) — hand one to each client

Clients choose whether to reach out. Please don't send us a client's information without a signed consent in place.



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